**UNIT: Career Development Grade Level 3**

**ACTIVITY: Who am I?**  **Optional Lesson II**

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|  Career Standards: A. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. C. Students will understand the relationship between personal qualities, education, training and the world of work. |
|  Competencies: C:A1 Develop Career Awareness C:C1 Acquire Knowledge to Achieve Career Goals |
|  Indicators: C:A1.3 Develop an awareness of personal abilities, skills, interests and motivations C:C1.3 Identify personal preferences and interests which influence career choice and success |

Materials:

* Role Web Organizer
* “Who am I?” worksheet for every student

Vocabulary:

* Roles – different parts of a person’s life (i.e. jobs, relationships, duties…)

Gathering:

“Stand up:

* If you are a boy.
* If you are a girl.
* If you are a student of (insert’s teacher’s name).
* If you are a player of soccer.
* If you are the owner of a pet.”

Review Agenda/Before the Lesson:

“Each person has lots of different parts to their life. These parts are called roles. You know me as your counselor, but did you know that I have other roles in my life too? Let’s see if you can name as many as possible.” Write counselor’s name in center of Role Web Organizer. Write responses on outside lines (i.e. mother, father, friend, child, etc.).

“Today we will do an activity that will help you identify the roles and interests you have in your lives. Roles and interests at school, roles in your families, in your community… Some of our roles and interests are the same. Some are different.”

During the Lesson:

Pass out the “Who am I?” worksheet to each student. Have students complete their worksheets as counselor reads aloud. Discuss the many possibilities for each answer.

After the Lesson:

Have students share selected responses from the worksheet. “You all have one role in common right now in your lives. That role is a student. Why is your role as a student important? How will your role as a student help in your path to a future career?” (Emphasize what a major part school plays in career success.)

Checking Out What You Learned/Assessment:

If time permits, counselor can have each student complete their own Role Web Organizer. Instruct students to draw their own web on the bottom or back of their “Who am I” worksheet. Tell students to write their name in the circle and write the names of roles they might like to have in their lives when they are grown up, including the name of a job they would like to have.

Closing:

“Stand up:

* If being a student is an important role in your life.
* If you will be a community hero when you grow up.
* If you have talents that make you a special person.”

“Every one of you has talents that make you a unique and special person, and when you all grow up you will use those talents and everything you’ve learned in school to find a career path and job that fits you.”

Reflective Questions:

*What did my students gain from this lesson*?

*How did it impact their thinking, attitudes and abilities*?

*What things did I do well*? *How did I know?*

*In what way did the strategies I used enhance learning*?

 *How does my assessment meet my lesson objective*?

Notes:

Role Web Organizer

\*Adapted from The Cooperative Think Tank

Career Unit, Des Moines Elementary School Counseling Grade 3, Optional Lesson II

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Who Am I?

The more you know about yourself, the better you can pick a career that is right for you. Fill in the blanks below with information about yourself.

1. **Things that interest me at home: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
2. **Things that interest me at school: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
3. **Things I am good at doing: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
4. **School subjects that are hard for me:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
5. **School subjects that are easy for me: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **(Circle one)**

**6. I like to solve number problems yes no**

 **7. I like to write about my ideas yes no**

 **8. I am very organized yes no**

 **9. What careers might use some of these interests and abilities?**

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\*Adapted from Career Heroes

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