**UNIT: Career Development Grade Level 2**

**ACTIVITY: Exploring Personal Interests Lesson 1**

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|  Career Standards: A. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. |
|  Competencies: C:A1 Develop Career Awareness |
|  Indicators: C:A1.3 Develop an awareness of personal abilities, skills, interests and motivations C:A1.9 Develop hobbies and vocational interests  |

Materials:

* 2 Event Tickets (optional)
* Comparison props (i.e. apple/orange, video game/book, football/jump rope) (optional)
* “These are a Few of My Favorite Things” activity sheet for each student

Vocabulary:

* Favorite – what a person likes the most
* School subjects – areas of learning in school (i.e. math, reading, science, social studies…)
* Most – the greatest amount; like very much
* Least – the smallest amount; like it less

Gathering:

Tell students you are going to give them two choices and they are going to stand up if they like that item the most (you can also substitute “least” for some of the rounds). You can use some of the examples below:

* Chocolate ice cream or vanilla ice cream
* Basketball or Soccer
* Math or Reading
* Sponge Bob or Mario
* Pizza or tacos

Or another option: Tell students you have free pretend tickets to two really exciting activities. “One is a free pass to the movie theatre to watch any movie you want, with a free pop and popcorn. The other is a free ticket to go bowling and to enjoy a delicious hotdog and drink!” Ask students which ticket and activity would be their favorite, which would they most like to do? (Counselor can opt to teach/reinforce the idea of “favorite” by use of comparison props.)

Review Agenda/Before the Lesson:

“Tell me your FAVORITE things to do at school or at home. What are your LEAST favorite things to do, or the things you do NOT like to do? The things you DO and do NOT like to do will help you find a job that is right for you when you grow up.” Give a personal example of being a counselor (ie. “What if I didn’t like kids? Would I be a very good counselor?”) Tell students: “Today you will have a chance to talk more about your favorite and least favorite things.”

During the Lesson:

Give each student a “These are a Few of my Favorite Things” activity sheet. Put an example on the elmo or overhead. In the left column, students will draw one thing they like to do at school and one thing they like to do at home or in their community. In the right column the students will draw a least favorite activity or thing for school and another for home and community. Encourage students to think about the many activities they participate in, hobbies they have, and the subjects they learn at school.

After the Lesson:

Upon completion of the activity sheet, instruct students to bring their activity sheet and form a circle on the floor. Each student will share what they like best and least at school and home. Counselor can opt to pass a sharing ball to facilitate discussion. After every student has shared, ask students “how did you decide what you like or don’t like?” (Students’ responses will indicate a beginning awareness of “influences” in their lives - i.e. interests, parents, friends…)

Checking Out What You Learned/Assessment:

Incorporated into lesson and post-lesson activities.

Closing:

Counselor will summarize important aspects of the lesson by emphasizing:

* Each child had great ideas to share.
* There were many different ideas.
* It is important to remember that everyone has different and similar “favorite and not so favorite” things he or she does and that it is okay!
* Our favorite or not so favorite things will change as we grow and change and have new experiences.

“In our next lesson we will focus on how our favorite and least favorite things can help us choose a job we might like to have when we grow up.”

Reflective Questions:

*What did my students gain from this lesson*?

*How did it impact their thinking, attitudes and abilities*?

*What things did I do well*? *How did I know?*

*In what way did the strategies I used enhance learning*?

 *How does my assessment meet my lesson objective*?

Notes:

![MCj02820680000[1]]()

One **FREE** ticket to the movie theatre!

Ticket includes free pop and popcorn.

![MC900279392[1]]()

One FREE Ticket bowling. Ticket includes a free hotdog and drink!

![MC900229441[1]]() ![MC900127396[1]]() ![MC900127396[1]]()

 Grade 2, Lesson 1

**These are a Few of My Favorite Things**

Career Unit, Des Moines Elementary School Counseling Grade 2, Lesson 1

**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| --- | --- |
| **My Favorite Things…**Draw a picture or write one of your favorite things. | **My LEAST Favorite Things…**Draw a picture or write one of your least favorite things. |
| **MPj04393670000%5b1%5d****At school** | **MPj04393670000%5b1%5d** **At school** |
| **At home and the community.** |  **At home and the community**. |

\*Adapted from Missouri Comprehensive Guidance Programs

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