**UNIT: Personal Safety Grade Level 3**

**ACTIVITY: Escape School Lesson 4**

Personal/Social Standards:

C: Students will understand safety and survival skills.

Competencies:

PS: C1 Acquire personal safety skills

Indicators:

PS: C1.6 Identify resource people in the school and community, and know how to seek their help

PS: C1.7 Apply effective problem-solving and decision-making skills to make safe and healthy

choices

Materials

“Escape School”, video – 16 minutes

Vocabulary

* Escape – to flee; get away

Gathering

“Let’s see what you remember about stranger safety from 1st and 2nd grade. I will say something and you say ***True*** if it is correct, and say ***False*** if it’s not correct. For example, if I said my name is Santa Claus, would you say True or False?”

* A stranger is anyone you don’t know
* Its okay to help a stranger if their dog is lost
* Never get into a car with a stranger
* The 3-Step Safety Plan is Say No, Get Away and Tell a Joke

Review Agenda/Before the Lesson

“You did a great job remembering those stranger safety rules. Today we are going to learn more about escaping from strangers. What does *escape* mean? Our video today is going to teach you some tricks that will help you take back control to escape a scary situation. So you can be SMART, not SCARED.”

During the Lesson

Watch “Escape School” without stopping.

After the Lesson

Assure students that while these scenarios will probably never happen to them; it’s always better to be prepared in order to act SMART, not SCARED.

Process the following:

* What did you learn about running away from a car you’re afraid of? (run the opposite way)
* If you have been put inside a car, what should you try to do?
* If you are put into a trunk, what can you do?
* If you have been put inside a room, what might help you?
* If you have your bike with you, what could you do?

Checking Out What You Learned/Assessment

Practice with students as time permits; individually or as group

* Windmill Technique
* Velcro Technique
* Attract attention – YOU’RE NOT MY MOM!

Closing

“Thumbs up if you feel you could be SMART, not SCARED”

Notes