**UNIT: Career Development Grade Level K**

**ACTIVITY: Recognizing Personal Lesson 2**

**Abilities and Talents**

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| Career Standards: A. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. |
| Competencies: C:A1 Develop Career Awareness |
| Indicators: C:A1.3 Develop an awareness of personal abilities, skills, interests and motivations  C:A1.9 Develop hobbies and vocational interests |

Materials:

* Pictures of recognizable people to students (ie. Your school music teacher, school nurse, principal…) or use pictures in Lesson 3
* Cosmo Zooms by Arthur Howard
* Talent worksheet

Vocabulary:

* Talent – something a person can do well or is good at

Gathering:

Show students pictures of recognizable people, asking students “what is this person good at?” “What is this person’s talent?”

Review Agenda/Before the Lesson:

Tell students “what you are good at are usually the things you like to do. It doesn’t mean you have to be the best, but it is something you are good at, or a talent you might have”. Give personal example as a school counselor or another personal talent. Tell students they “will read a story about a dog that discovers, or finds, his talent.” Instruct students to listen carefully so they can figure out what the dog’s talent is too.

During the Lesson:

Read the book.

After the Lesson:

Ask students some or all of the following questions:

* “What talents did Cosmo’s friends have?”
* “Why did Cosmo think he had no talent?”
* “At the end, Cosmo found out what his talent was. What was Cosmo’s talent?”
* “How did he discover he had a talent?”

Tell students that “when people grow up they usually choose a job that uses all of their talents and is related to things they like to do.” Give students a personal example of being a counselor. “Counselors choose their job because they like working with students, and they are good at teaching and helping other people solve their problems.” Ask students what they’re good at or like to do. Popcorn around the room. Tell students they will have a chance to show their classmates what they’re good at.

Checking Out What You Learned:

Give each student a talent worksheet. Briefly discuss what each talent is. Instruct students to color two talents they have – the two things they are the best at. Optional: Counselor can have students get in a circle and act out (charades) their talent and students can guess what their talent is.

Closing:

Staying at their tables and chairs, ask students to stand up when the counselor says their talent. If time permits, counselor can use a chart to graph student’s talents and record frequency. At the end, tell students in the next lesson they will learn about different jobs and how they can use their talents in a job when they grow up.

Reflective Questions:

*What did my students gain from this lesson*?

*How did it impact their thinking, attitudes and abilities*?

*What things did I do well*? *How did I know?*

*In what way did the strategies I used enhance learning*?

*How does my assessment meet my lesson objective*?

Notes:

After lesson, counselor can opt to compile students’ talent worksheets into a “class book of talents.”

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My Talents

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| --- | --- |
| Music  C:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\6964UKF2\MC900018268[1].wmf | Writing  C:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\DXPCKD4X\MC900329928[1].wmf |
| Reading  bible_000005_0002 | Dancing  C:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\9DENV5OB\MC900361478[1].wmfC:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\8BPY4R0F\MC900320500[1].wmf |
| Working with Computers  C:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\8BPY4R0F\MC900359531[1].wmf | Math  c278354_a    c208936_a |
| Playing Sports and Games  C:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\9DENV5OB\MC900320430[1].wmfC:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\8BPY4R0F\MC900014728[1].wmf | Art  C:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\DXPCKD4X\MC900040431[1].wmf C:\Documents and Settings\janssenem\Local Settings\Temporary Internet Files\Content.IE5\9DENV5OB\MC900310826[1].wmf |

\*Adapted from Safe and Caring Schools, Free Spirit Publishing.

Career Unit, Des Moines Elementary School Counseling Grade K, Lesson 2